***Leisure***

***And***

***Recreation***

***3***

Learning objectives

* Know what is meant by leisure time
* Consider how people make choices about their leisure time
* Know what the benefits are that can be gained by becoming involved in leisure

Learning outcomes

\*To be able to confidently define leisure and recreation

\*Know about the different activities and choices people make to use their leisure and recreation time

\*Understand the leisure and recreation choices available to individuals

Key Terms

\*Private enterprise

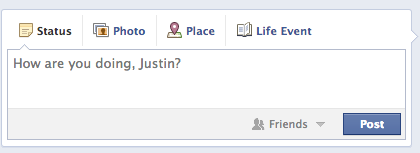
\*Rural areas

\*Urban areas

\*Intrinsic

\*Extrinsic

***Starter – Task 1*** Define what is meant by the term ‘coach’ ……………………………………………………………………………………………………………………………………………………………………………………………………………………………………



***Task 6***

[](http://www.google.co.uk/url?sa=i&rct=j&q=&esrc=s&frm=1&source=images&cd=&cad=rja&docid=NWkkWvHcw90iMM&tbnid=E0nU7mSWS_fpxM:&ved=0CAUQjRw&url=http://academy.bcs.org/content/network-excellence-0&ei=9-0FU5rYIO3J0AX364DgBA&psig=AFQjCNFh_LJ4BXNfOuNfeptm0vekH0kzng&ust=1392983910506318)

***Task 4*** List different leisure activities available for both areas

***Task 3***- You are writing a Facebook status about intrinsic and extrinsic reward. What are they? Which is doing things to feel good about yourself? Which is doing things for money or rewards?

Your task is to write a brief newspaper about how the authorities provide leisure activities. What sorts of things are provided? This may include pictures



Devise 2 Exam questions on something that has been covered today for your shoulder partner.

Each question must be worth 2 marks

***Task 5***

***Task 2***-

Send out a tweet explain what is meant by the term ‘adaptable’ (You must only use 180 characters):

#

[](http://www.google.co.uk/url?sa=i&rct=j&q=&esrc=s&frm=1&source=images&cd=&cad=rja&docid=e0o6NqjpsoBaFM&tbnid=vb-bf3zLB1VcXM:&ved=0CAUQjRw&url=http://www.signalelectronics.com/index.php?page%3Dcontact-us&ei=nCEHU-XlDeWd0AW1zoGIDg&bvm=bv.61725948,d.d2k&psig=AFQjCNFEbGfDp084UEtRoXwNEvSbdDPZeQ&ust=1393062613014911)